

The Countryside Code

Respect other people

- Consider the local community and other people enjoying the outdoors.
- Leave gates and property as you find them and follow paths unless wider access is available.

Protect the natural environment

- Leave no trace of your visit and take your litter home.
- Keep dogs under effective control.

Enjoy the outdoors

- Plan ahead and be prepared.
- Follow advice and local signs.

Enjoy this walk

Taff Ely Ramblers meet every Sunday to enjoy a beautiful walk in the South Wales countryside, they also offer short two hour walks on alternate Saturdays and summer Thursday evenings. Ramblers maintenance groups assist in maintaining the walks.

Contact www.taffelyramblers.org.uk for more details.

The association is a registered charity (no. 1093577) and a company limited by guarantee registered in England and Wales (No 4458492).



Mae'r taflen yma ar gael yn y Gymraeg.
This leaflet is available in Welsh.

Getting there

By car

From M4 at junction 34 take road towards Llantrisant. At the Roundabout turn right and follow the road until the next roundabout where you turn right into Rhiwsaeson Road. Park on the road just before the row of terraced houses.

By bus

The 124 between Cardiff and Maerdy stops on the road between the above roundabout and Cross Inn.

If you have noticed any problems with this route such as overgrown paths or broken stiles please let Llantrisant Community Council know so they can rectify the problem for future walkers of the route.

E: office@llantrisant-cc.gov.wales or T: **01443 223796**



Refill App is available and look out for the logo to refill your water bottles whilst walking



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y cerddwyr
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The **rabbit logo** was designed by members of 1st Llantrisant Brownies in the 1970's to identify promoted footpaths in Llantrisant Community Council. Since then the walks have evolved, with the Taff Ely Ramblers helping create the **series of 6 circular walks** promoted today.



y cerddwyr
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www.ramblers.org.uk/wales

The Ramblers' Association is a registered charity
(England & Wales No. 1093577, Scotland No. SC039799)

Community Walks

The Caerau

Bunny Walk **5**

Series of 6 walks in the Llantrisant area - suitable for all ages

Start:

Just off the Rhiwsaeson Roundabout on the A473 Llantrisant by-pass. (ST 057828)

Map required:
O.S. Explorer 151



Near Rhiwbrwdwal Farm

- 1 Walk away from the roundabout past the terrace houses. Turn left up the track just before Little Foxes. You should see the first of your Bunny logo waymarks on a post in the hedge on your left. Follow this track under the disused railway line (you may wish to take the path on the left up to the old railway bed and descend the other side to avoid the mud). Continue uphill to a barn on your right and house on your left. The track now becomes a tarmac road.
- 2 When you reach the bridge over the Church Village bypass do not cross the bridge but follow the road around two right turns and continue until it reaches two houses on the left. Go straight on across a grass area and through a metal gate.

- 3 Turn left into woodland and follow the well-defined path with fields on the other side of the fence. Go through the kissing gate at the end of this path where you enter a large field. The hill fort is up the hill on your right. The path follows the edge of the field until you enter a small group of trees.
- 4 At the marker post veer slightly right. You should soon pass another post with a yellow cap where you turn left and descend along a track, initially through trees. As the path turns right, cut across to your left to a kissing gate at the bottom of the field.
- 5 Go through this gate and follow the track to another kissing gate onto the road. Turn right at the road and descend to the hamlet of Rhiwsaeson, the other side of another disused railway bridge.

5 The Caerau



- 6 Turn right at the T-junction and follow the road back to the start point, a distance of about a mile.



On the way...

The Glamorgan Ridgeway walk is a 27 mile linear route along the southern edge of the South Wales Coalfield running from Margam Country Park, near Port Talbot, through spectacular upland and valley scenery to Caerphilly Castle. A copy of the leaflet is available from the following address.
maps.taffelyramblers.org.uk/GlamorganRidgeway.pdf

This railway line used to run from Cross Inn to Creigiau quarry. It closed in the late 1970s when the steel works in Cardiff closed.

Rhiwbrwdwal Farm is an example of a long house farm where there was room for both animals and the household. The original entry to the house was through the cowshed.

The Caerau Iron Age Hill Fort was built in the Iron Age and probably defended during the Roman invasion in AD79. Double and triple ditches were used to adapt the oval contours of the hill into a circular fort.

Rhiwsaeson means “slope of the Saxons” and may refer to a battle between the Welsh and the Saxons in 875. However, it is more likely to refer to a battle between the Welsh and the Anglo Normans in the 12th Century.

